



Jean-Jacques Gautier

## NPM Symposium

## Monitoring psychiatric institutions

6-7 September 2016  
Inter-Parliamentary Union, Geneva

### **AGENDA**

#### **Tuesday, 6 September 2016**

##### Objectives of Part 1 of the Symposium:

- Explore the risk factors and situations which contribute to abuse and ill-treatment of persons held in psychiatric institutions and ways to address them.
- Examine standards applicable to psychiatric institutions and identify NPM strategies to address challenges related to their implementation in practice.
- Enable interaction between NPMs and other key actors to share and identify good practices and reinforce cooperation.

Time	Session
8:30 – 9:00	Registration and welcome coffee
9:00 – 9:30	<b>Introductory session</b> <ul style="list-style-type: none"><li>• Opening remarks <i>Mark Thomson, APT Secretary General</i></li><li>• Objectives, scope and methodology <i>Isabelle Heyer, APT</i></li><li>• "Tour de table" (introduction of participants)</li></ul>
9:30 – 11:00	<b>Session 1 – Deprivation of liberty in psychiatric institutions: international perspectives</b> <ul style="list-style-type: none"><li>• The SPT's approach to involuntary placement in psychiatric institutions <i>Catherine Paulet, UN Subcommittee on Prevention of Torture (8 min.)</i></li><li>• The UN CRPD and the right to liberty and security <i>Silvia Quan, Vice-Chair, UN Committee on the rights of persons with disabilities (8 min.)</i></li></ul>



	<p>Moderated discussion: all participants (~1h.)  Moderator: <i>Barbara Bernath, APT</i></p>
11:00 – 11:30	Coffee break
11:30 – 13:00	<p><b>Session 2 - Involuntary treatment</b></p> <ul style="list-style-type: none"> <li>• The right to legal capacity in the context of psychiatric institutions <i>Facundo Chávez, Disability Rights Advisor, OHCHR (8 min.)</i></li> <li>• The principle of free and informed consent to treatment: a perspective from medical practice <i>Dainius Puras, UN Special Rapporteur on the right to health (8 min.)</i></li> <li>• Rights and remedies for an effective protection against non-consensual treatment <i>Hege Orefellen, Member, World Network of Users and Survivors of Psychiatry (8 min.)</i></li> </ul> <p>Moderated discussion: all participants (~1h.)  Moderator: <i>Isabelle Heyer, APT</i></p>
13:00 – 14:15	Lunch
14:15 – 15:45	<p><b>Session 3 - Seclusion and means of restraints</b></p> <ul style="list-style-type: none"> <li>• The CPT's experience in monitoring psychiatric institutions: current challenges related to the use of seclusion and restraints in Europe <i>Timothy Harding, Expert, CPT (8 min.)</i></li> <li>• The French NPM's experience and approach <i>Anne Lecourbe, CGLPL, France (8 min.)</i></li> <li>• Perspectives from Ghana, India and Indonesia on the use of restraints in psychiatric institutions <i>Shantha Barriga, Director, Disability Rights Division, Human Rights Watch (8 min.)</i></li> </ul> <p>Moderated discussion: all participants (~1h.)  Moderator: <i>Jean-Sébastien Blanc, APT</i></p>
15:45 – 16:15	Coffee break
16:15 – 17:45	<p><b>Session 4 – Respecting dignity and the right to privacy</b></p> <ul style="list-style-type: none"> <li>• Dignity and privacy of persons held in psychiatric institutions: a perspective from civil society</li> </ul>

	<p><i>Oliver Lewis, Executive Director, Mental Disability Advocacy Center (8 min.)</i></p> <ul style="list-style-type: none"> <li>• Privacy and dignity in a psychiatric hospital <i>Graham Morgan, Engagement &amp; Participation Officer (Lived experience), Mental Welfare Commission for Scotland (8 min.)</i></li> <li>• The situation of persons in conflict with the law in psychiatric facilities: a perspective from the Costa Rica NPM <i>Lorna Elizondo, Social worker, NPM, Costa Rica (8 min.)</i></li> </ul> <p>Moderated discussion: all participants (~1h.) Moderator: <i>Sylvia Dias, APT</i></p>
17:45 – 18:00	Wrap up and close of meeting – <i>Isabelle Heyer, APT</i>
18:30	Reception at the APT <sup>1</sup>

### Wednesday, 7 September 2016 (morning)

Time	Session
8:30 – 9:00	Welcome coffee
9:00 - 10:30	<p><b>Session 5 - Assessing treatment and the risk of overmedication</b></p> <ul style="list-style-type: none"> <li>• The Georgian NPM approach and experience <i>Nika Kvaratskhelia, Head of the NPM, Georgia (8 min.)</i></li> <li>• Challenges related to assessing treatment and the risk of overmedication: a perspective from the Mauritius NPM <i>Vijay Ramanjooloo, Commissioner, National Human Rights Commission (NPM), Mauritius (8 min.)</i></li> </ul> <p>Moderated discussion: all participants (~1h.) Moderator: <i>Veronica Filippeschi, APT</i></p>
10:30– 11:00	Coffee break
11:00 – 12:30	<p><b>Session 6 - De-institutionalisation and community-care: challenges and good practices</b></p> <ul style="list-style-type: none"> <li>• The role of civil society organisations in NPMs' approach to de-</li> </ul>

<sup>1</sup> Participants will be invited to go together from the meeting place (IPU) to the APT.

institutionalisation

*Dragana Ciric, Director, Disability Rights International/MDRI-Serbia (8 min.)*

- Alternatives to institutionalisation in psychiatric institutions from a monitoring perspective: the experience of the Paraguayan NPM  
*Carlos Portillo, NPM Commissioner, Paraguay (8 min.)*

Moderated discussion: all participants (~1h.)

Moderator: *Barbara Bernath, APT*

12:30 - 12:45

Wrap-up of first part of the Symposium – *Isabelle Heyer, APT*

12:45 – 14:00

Lunch at the IPU

## Wednesday, 7 September 2016 (afternoon)<sup>2</sup>

### Objectives of part 2 of the Symposium:

- Discuss among peers about the main challenges for NPMs in carrying out their preventive mandate with regard to the issues discussed during the first part of the Symposium.
- Exchange good practices in relation to working methods to develop NPMs skills in monitoring psychiatric institutions.
- Strengthen cooperation among NPMs and with the SPT.

14:00 – 15:30

#### **Session 1 – Applicable standards in monitoring psychiatric institutions**

- NPMs' feedback on issues discussed during part 1 of the Symposium, including possible unaddressed issues (30 min.)
- NPMs' strategies to address existing different standards in practice (1h.)

Moderated discussion: all participants

Moderator: *Isabelle Heyer, APT*

15:30 – 16:00

Coffee break

16:00– 17:30

#### **Session 2 – Methodological challenges**

This last session will address challenges, including:

- Composition of visiting teams: ensuring multidisciplinary and adequate skills of monitors as well as common approach/understanding of monitoring; role of external experts, incl. integration of "experts by experience" in the visiting team
- Staff-related issues: number, skills, training, how to build a *rapport* with staff
- Handling private interviews with persons held in psychiatric institutions

Moderated discussion: all participants

Moderator: *Jean-Sébastien Blanc, APT*

17:30 – 18:00

Wrap up and closing of the Symposium

*Isabelle Heyer, APT*

*Mark Thomson, Secretary General, APT*

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<sup>2</sup> This last afternoon will be a closed meeting only for representatives of National Preventive Mechanisms (NPMs) and the UN Subcommittee on Prevention of Torture (SPT).